



# Combrew Farm Cottages



where relaxation is a way of life



news | new year 2010

## Join us for spring in North Devon

A very Happy Christmas to you and your family!

Christmas is always enjoyable, but it can leave us feeling a little out of sorts – let us help you get back on the right track for the New Year. Why not take a luxury winter or spring break with us here in beautiful North Devon?



It's all here waiting for you! If you just want to relax, Combrew's the perfect place. Enjoy a swim in our luxury indoor pool – we keep it heated at a relaxing 37°. Then bask in the warmth of our steam sauna and solarium.

Feel like stretching your muscles? Tone up in our well-equipped fitness room, play badminton on our indoor court, or enjoy table tennis and pool in the games room. And if it's chilly outside you can curl up with a book by the cosy woodburner in your cottage.

And when it's time to go to bed, imagine the luxury of snuggling down in one of our sumptuous four-poster beds!

At Combrew you don't have to venture out to have a great holiday. But if you do, there's cycling, breathtaking walks along miles of empty beaches, towns and fishing villages to explore, and superb pubs and restaurants where you can enjoy freshly prepared local North Devon produce.

Remember, our luxury cottages and facilities are open all the year round. They're in great demand, so book now! Join us for a winter or spring break – and don't forget your summer holiday.



Combrew's luxury indoor swimming pool with high-powered jets is heated to a relaxing 37°



## Our new website

Have you visited our impressive new website?

We've just had a major redesign and we're delighted with the result. It's easy to navigate, and it's packed with pictures and information about Combrew and its facilities.

You'll find everything you need on the site to plan and book a fantastic family holiday with us here at Combrew. Read about our five luxury cottages, the indoor pool, the sports and gym facilities, and the many delights that North Devon can offer you.

So do click to read about us on our new website at [www.northdevonholidays.com](http://www.northdevonholidays.com).

## Fun and fitness on the stunning Tarka Trail



Cycling is the perfect way to ease yourself into fitness this spring. Just half a mile from Combrew is the celebrated Tarka Trail – it's a cyclist's dream! Here you can cycle (or walk) along a long traffic-free pathway, enjoying vistas of beautiful countryside and spectacular coastal panoramas of the stunning Taw and Torridge estuary.

And you don't have to bring your own bike. You can hire one just down the lane

at Fremington Quay. And while you're there, enjoy a cappuccino and a snack in the award-winning cafe in the restored railway station. If you want to explore, you can enjoy a gentle pedal along seven miles of stunning estuary views to the historic port of Bideford, with its labyrinth of small streets and lanes.

And don't worry about the weather or getting stuck in mud. The Tarka Trail is flat and tarmacked, ensuring you trouble-free pedalling. Cycling along the Trail is a truly special experience, so don't miss it!

Book your Combrew Farm spring break now! And don't forget your summer holiday.

## Enjoy a breezy spring walk on one of our superb beaches

In spring, you can't beat a good breezy walk along a wide sandy beach. The air's sharp and fresh and you feel you can go on for ever.

And in North Devon that's one thing you can do! Our beaches go on for miles. Drive to nearby Westward Ho! and you'll be astonished at the size of the sands. You can walk alongside the famous pebble ridge and watch the beach stretching out as far as the eye can see.

Closer to Combrew is Instow beach. This pretty little resort has a safe, sandy beach that's perfect for small children. It looks out towards Bideford Bar and the pretty fishing village of Appledore opposite.

Drive the other way across the new river bridge at Barnstaple and you can soon be at Saunton. Here there are vast golden sands backed by the world-famous dunes of Braunton Burrows. And if you're feeling energetic, you can join the surfers at Croyde or Woolacombe.



*The broad sands at Westward Ho!*



## Glorious Rosemoor

Rosemoor, one of the Royal Horticultural Society's showpiece gardens, is near Great Torrington and just a few miles down winding Devon lanes from Combrew. Rich in colour all year round, Rosemoor has been justly dubbed 'a garden for all seasons'.

In spring a visit is particularly rewarding. See the themed gardens and wander the lawns and the broad areas of specimen trees and woodland. There are spectacular carpets of daffodils, anemones, and crocuses, and the herbaceous borders are studded with hellebores, bulbs and alpinas.

There's an excellent cafe/restaurant where you can enjoy lunch. It's well worth a visit!

## Birthday, anniversary?

Is there a birthday or anniversary coming up in your family? Where better to celebrate it than here at luxurious Combrew.

We are used to catering for parties of all sizes – for instance, the expansive Rose Barn Cottage accommodates up to 12 people.

So contact us now and we can chat about your requirements.

## Dining excellence

James Duckett at the Old Custom House in Barnstaple was named Best Restaurant in the 2009 North Devon Food and Drink Awards, and it is rapidly putting North Devon on the gastronomic map. It is amongst the top 10 best diner-rated restaurants in the entire South West, according to leading restaurant website Top Table. As one reviewer put it: 'This is West End dining without West End prices'.

The restaurant occupies a wonderful listed building on Barnstaple's broad Strand overlooking the River Taw. Chef/proprietor James Duckett came to Barnstaple in 2008 from Spain where he had worked for six years. Before that he had worked in some of the finest restaurants in London, Sydney and Europe. At the Old Custom House he creates fine food using the wealth of fresh local produce. His lunches are informal and relaxed with a choice of a set price two- or three-course menu or a tapas-style menu of 15 or so dishes.

James's dinner dishes are lovingly prepared and served. You may select from an à la carte menu, or indulge yourselves with his six course 'taste and



*James Duckett's Restaurant, Barnstaple*

flavours' menu; for parties, James offers a set price three-course menu, and for that special occasion, he'll cater for you in the comfort of your cottage.

To find out more about James's restaurant, visit [www.jamesduckett.co.uk](http://www.jamesduckett.co.uk). We can wholeheartedly recommend it!

## Get pampered here at Combrew Farm



We all deserve a bit of pampering now and again. Finishing Touch is run by Justine Gillard, who is a fully qualified and experienced make up artist and beauty therapist.

Justine will be delighted to call in at Combrew so that you can enjoy salon-quality treatments without the necessity of visiting her salon.

She can offer a range of luxury treatments, including a manicure, a pedicure, massage, aromatherapy, waxing, facials, eye-brow and lash shaping and tinting, and make-up.

To find out more about Justine and Finishing Touch, visit [www.thatfinishingtouch.co.uk](http://www.thatfinishingtouch.co.uk).